



**MIND
Doodlez**
The art of creative doodling.

*Lets doodle together.
Offering classes and workshops
for individuals & groups:*

- ✿ Weekly lessons for adults and children
- ✿ Birthday parties or celebrations for adults and children
- ✿ Office parties or events
- ✿ Girls night out . . .and more

www.Lisagreenleaf.com
Lisa@Lisagreenleaf.com • 603-566-3104

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Be inspired by nature, meditations and positive affirmations to help relax, unwind and have fun. This creative art form is easy for any one to learn. If you can write your name or draw a crooked line you can discover the artist from within. Each class will begin with a guided meditation. You will then learn creative designs, patterns, techniques and nature inspired patterns to create positive messages. This is a free form, colorful and individually guided method of creative doodling. We use pen & ink, colored pencil or watercolor to create our masterpieces. Yes anyone can become an artist . . . *Just Breathe and Believe.*

- ✿ Programs for Ages 8 through Adults. Classes, workshops and parties are 1 to 2 hours. Class size 5 to 15 individual. Contact Lisa for prices. 603-566-3104 or email: Lisa@Lisagreenleaf.com

About the Artist

Lisa Greenleaf is a fine-art artist, graphic designer, art teacher, motivational speaker as well as a certified Reiki Master, IET Master teacher and Akashic Record practitioner. She is an award-winning, author/illustrator and book designer of over 30 books.

Lisa is the owner of *Greenleaf Design Studio*—providing clients with full graphic design services, book designing/publishing, creative consulting, teaching and more. She is also the owner the of *Greenleaf Arts & Healing*, in which she provides Reiki and IET energy healing, Akashic Record readings and Mediumship. Lisa's background and knowledge in the spiritual, corporate, and art worlds provide her with a unique set of skills and perspectives that she uses to assist you in finding a balance within your family, life and career. Lisa has inspired, mentored and taught all ages. She believes everyone has their own set of abilities, gifts and talents, and with the right guidance and encouragement they can discover their true passion through art and the creative process.

When Lisa takes a little break from her artsy/healing sides, you can find her paddling her kayak along NH and MA rivers and shores. In the evenings, she is frequently, singing and playing her ukulele at open mic venues with her beloved Bob.

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